

**YOUR  
CHOICE!**

**3**

**FREE**

**Group Sessions  
ANY DAY! ANY TIME!**

**OR**

**1**

**FREE**

**One on One  
Personal Training Session**  
*Call 690-0153 or email  
MikesFitClass@gmail.com  
TODAY to Schedule Your Visit!*

**FIT CLASS**

*with Mike*

Offer for new clients only.